

Colouring Nails

Colouring your nails should be flattering to the hand. You should feel comfortable with the nail colour you are wearing. Experiment with different colours and ask the advice of your Pharmacist or cosmetician. Follow the hints given to maximise the effect of your nail enamel.



Mature hands

Always consider mid pinks or beige rather than dark or strong colours.

Ridged nails

Consider using everyday colours rather than the highlighting pearl or frosted nail enamels. The latter enamels highlight the ridges in your nails.

Broad nails

To trick the eyes into believing that the nails are in fact more narrow, leave a narrow strip unvarnished on either side of the nails. The strip either side will go unnoticed. You will be surprised how effective this is.

Short or small nails

Use pale shades of nail enamels. Avoid the bright reds and pinks as they tend to highlight the small nails and make them appear even smaller.

Dark skin

If your skin is dark consider using a rich burgundy and avoid the pale shades. The enamel you use in Winter might be far different from the colour you use in Summer. Some dark skinned people like the contrast of a pale coloured nail enamel. It shows off their dark skin.

Winter colours

Use bright reds and brownish shades

Summer colours

Use bright pinks and coral shades.

Day wear

Generally it is considered that wearing more subdued and less vibrant colours may be suggested.

Evening wear

At night we usually want to make more of an impact and bright, vivid colours may be considered.